

MOUNT PELION INTENSIVE COURSES IN PATHOLOGY



Centaur Chiron - Asclepius Legacy

Organized by the Hellenic Division, IAP



INTENSIVE COURSE IN ENDOCRINE PATHOLOGY

May 7-9, 2023

VALIS Hotel - Agria, Magnesia, Greece

The Mount Pelion Intensive Courses in Pathology, are organized annually in Agria, a little town by the seashore of Mount Pelion. According to the Hellenic Mythology, the centaur Chiron, teacher in Medicine of Asclepius, ancient God of Medicine, used to live in the forests of Mount Pelion. Therefore, the Courses are considered to follow the centaur Chiron - Asclepius legacy in terms of continuing medical education.

After the successful outcome of the 3 previous Courses, the 4th one, focusing on Endocrine Pathology, took place on May 7 to 9, 2023. The initial idea of the Mount Pelion Intensive Courses in Pathology was based on our intention to motivate pathologists, mainly from Eastern European and neighboring Balkan countries, to participate. In addition to offering an outstanding educational event, we provided a low registration fee and affordable accommodation. I would like to thank the invited speakers, for their kind travel arrangements, considering that the main purpose of the Courses was to support our colleagues from countries underserved in Pathology. Given that continuing education is the main goal of IAP, the high standards of these Courses fulfill the criteria to be considered as important scientific events. The Courses are always financed by the Hellenic Division of IAP, based on the member's annual dues and the registration fees for the Courses. We have never sought support from pharmaceutical companies. In particular, this Course was financed in part by the Education Committee of IAP. Therefore, on behalf of the Hellenic Division, I must express my sincere thanks for this contribution.

As always, in collaboration with the invited speakers, we have prepared a scientific program, covering the majority of topics related to the subject of the Course. The criteria for selection of the invited speakers were as follows: to be renown pathologists, experts and international leaders in each subject, and also contributors to the WHO classification editions.

Unfortunately, due to recent changes in travel policy and in Pathology chairmanship at the Universities of Pennsylvania, Drs Yury Nikiforov, Marina Nikiforova and Zubair Baloch were unable to travel to Greece. For this reason, they delivered their presentations virtually.

It seems that both speakers and participants were pleased about the successful outcome. Needless to say that the tutors created a great impact. They offered 16 hours lectures on 32 topics, covering a wide range of Endocrine Pathology and they also, contributed to vibrant discussions.

During the Course, participants showed remarkable engagement in attending the presentations. It was a truly enthusiastic and lively audience of pathologists seeking to enhance their knowledge by absorbing up-to-date information. The Hellenic Division would like to extend its sincere thanks to all participants for their contribution to the discussions, making this event unforgettable.

Carefully selected chairpersons, have moderated the sessions, always trying to keep the schedule tight and warm-up attendees up to actively participate in the discussions. As always, the tireless Paraskevi Tziakou, Secretary of the Hellenic Division of IAP has provided valuable assistance with the registrations logistics and handout preparation.

In addition to Greek pathologists, almost a third of the 70 participants were representatives from several Balkan countries (Albania, Bulgaria, Kosovo, North Macedonia, Serbia, Romania), Eastern (Georgia, Moldova) and Western countries (UK and USA).

We are fully convinced that the scope of continuing education has been achieved. The participation of delegates from countries underserved in pathology was noticeable. This is the reason that encourages us to keep-up working with enthusiasm and discipline.



Logo of the Intensive Course of Endocrine Pathology



George Kontogeorgos, former President of IAP, delivering the closing remarks of the Course

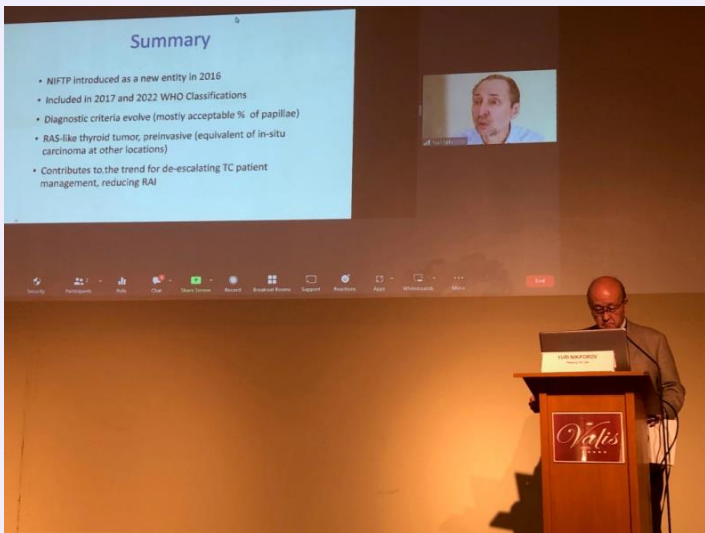
The participants had a pleasant stay in Agria, enjoying the local hospitality. The warm weather and the clear sea waters contributed to make their free time enjoyable.

The management and staff of Valis Resort Hotel did everything they could to ensure a comfortable stay. The invited speakers had the pleasure of appreciating a luxury with an automatic upgrade their standard rooms to suites with a stunning sea view of the Pagasetic Gulf.

Apart from science, the social events always warm-up the participants and make their free time enjoyable. On this occasion, we had planned a 4-hour cruise to Pagasetic Gulf. The boat started from the little port of Agria with final destination the island of Trikeri. During the journey, the participants had the chance to see the beautiful beaches, the colorful villages and the green woods of the magical Mount Pelion. The visit to the Monastery, located on top of a hill on the island of Trikeri was the highlight of this trip. The old Church dedicated to the Annunciation of the Virgin Mary was constructed in 1827. Trikeri has been placed in the dark history of popular memory as a place of exile. It was used as a concentration camp for political prisoners, who had been captured during the Greek Civil War. The cells of the Monastery housed about 5000 women, some of whom with their babies. So, our visit was a kind of memorial tribute to this tragic place. On the way back to Agria, the passengers had a amusing time dirking complimentary beverages, listening to Greek music and enjoy the 'sirtaki' dance.

After the end of the Course, the guest speakers submitted their comments and thoughts. Some of them highlight the successful outcome of this event and give us inspiration and strength to organize and improve the next Course.

- *Hello George,
It was an honor to be part of this great educational event with esteemed speakers. I am sorry I could not be there physically. My only comment will be to do more slide seminar based discussions, which tends to attract more audience. However, I am sure you are aware of that. Thank you for working with me to make the virtual presentations possible. Best Regards, Zubair Baloch*
- *Dear George,
Thank you for organizing and hosting a wonderful meeting. The education was high quality and socializing with the attendees was great fun! Thank you for a fabulous boat trip and the visit to the church. It was great to see you again! Sylvia L Asa*
- *Dear George
I safely returned home this evening with a lot of good memories. Let me congratulate you on the successful Intensive Course in Endocrine Pathology and it is my pleasure and honor to participate. I hope my talks were well accepted among the audience. Best wishes, Robert Y Osamura*
- *Dear George,
It was a great pleasure to be in Agria again – thanks for the invitation. It was a really magnificent congress – congratulations. I was so happy seeing old friends and colleagues.. Best regards, Paul Komminoth*
- *Dear Professor Kontogeorgos,
I very much appreciate your hospitality during the endocrine pathology course in Agria. Please give my best regards to others involved in the excellent educational meeting. Yours truly, Hironobu Sasano*
- *Thanks, George,
It was nice to meet you and glad to hear that the participants enjoyed the presentation. They all seemed really nice and their questions during the presentations were informed and showed a good level of understanding of the topics..With expressions of my best personal regards, I am always cordially, Lester D Thompson*
- *A great course that I was honored to teach. Many thanks for the invite and kudos to Prof Kontogeorgos for the great program, and congratulations to the IAP for the support of this great initiative ! Constantine Stratakis*



Yuri Nikiforov lecturing, with Robert Y Osamura chairing the session



Marina Nikiforova during her presentation



Zubair Baloch during his virtual presentation



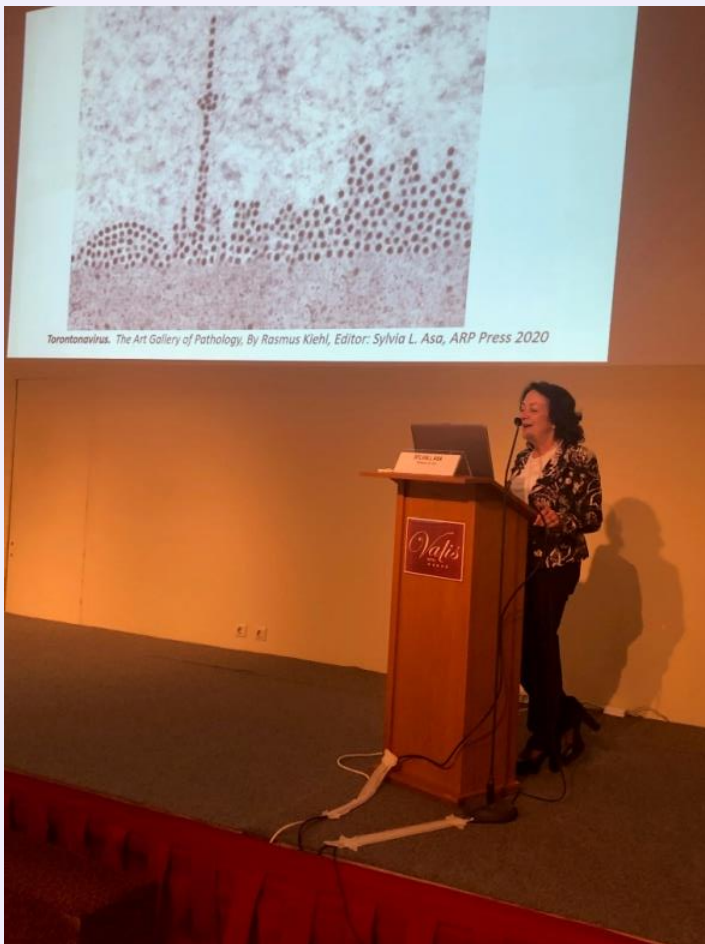
Lester D Thompson giving an update on paragangliomas



George Kontogeorgos, George Agrogiannis, President and Paraskevi Tziakou, Secretary of the HD-IAP with the guest speakers



George Kontogeorgos with Members of the Faculty



Sylvia L Asa giving an overview of pituitary tumors



Sylvia L Asa receiving the silver medal with the logo of the Mount Pelion Intensive Courses by Eleni Thodou



Robert Y Osamura delivering his presentation



Robert Y Osamura receiving the silver medal of the Courses by George Kontogeorgos



Hironobu Sasano presenting adrenal tumors



Hironobu Sasano receiving the silver medal by Dimitris Papaioannou



Paul Komminoth presenting lung tumors



Constantine Stratakis delivering his lectures



George Kontogeorgos, "Captain" of the cruise boat



George Kontogeorgos, "tour guide" on the boat trip



The Monastery at the top of the Trikeri hill the olive trees



Fishing boats at the little Trikeri port



The Temple inside the Annunciation of Virgin Maria Church



Bells in the garden of the Church



With Ima Jikia and Nino Khvichia, Pathologists from Georgia



My former residents, Eleni Thodou, Theodossia Choreftaki and Effie Kyrodimou



Eleni Thodou, George Kontogeorgos and Lester D Thompson enjoying the boat trip



Dancing Zorba the Greek, Sirtaki, on the deck of the boat

The Faculty of the Intensive Course in Endocrine Pathology



Sylvia L Asa

- Professor of Pathology, Case Western Reserve University, Consultant in Endocrine Pathology, University Hospitals Cleveland OH, USA and University Health Network, Toronto, ON, Canada
- Editor, WHO Classification of Endocrine and Neuroendocrine Tumors, 2022
- Author of more than 500 articles in peer review Journals and 200 Chapters in Books
- President of the Endocrine Pathology Society (1997–1998) and the US-Canadian Academy of Pathology (2005-2006)
- She has received awards from national and international scientific organizations



Zubair W Baloch

- Professor of Pathology and Laboratory Medicine, Hospital of the University of Pennsylvania, Perelman School of Medicine, Philadelphia, PA, USA
- Contributor to WHO Classification of Endocrine Tumors 4th & 5th editions
- Author of more than 200 manuscripts in peer-reviewed journals, chapters and monographs, Editor-in-Chief of Diagnostic Cytology
- Contributor to the Bethesda Reporting Thyroid Cytopathology and Milan System for Reporting Salivary Gland Cytopathology
- Recipient of many Awards and Honors (Recognized by America's Top Doctors 2014 - 2018 and by Best Doctors in America 2011-18)
- Ex-President of Papanicolaou Society of Cytopathology
- Member of USCAP Executive Board
- Chair of the Education Committee, American Society of Cytopathology



Paul Komminoth

- Professor of Pathology, University of Zürich, Switzerland
- Head, Institute of Pathology, City Hospital, Zürich, Switzerland
- Co-author of several papers and Chapters in the WHO Books on Endocrine, Gastrointestinal and Soft Tissue Pathology
- Member, Editorial Board, Endocrine Pathology Journal
- Past Advisory Board, European Neuroendocrine Tumor Society



Yuri E Ninioforov

- Professor of Pathology and Chair for Molecular Pathology, department of Pathology, University of Pittsburgh PA, USA
- Author of more than 230 peer-reviewed articles and more than 20 book chapters
- Contributor to the WHO Tumors Classification
- Senior editor of the textbook "Diagnostic Pathology and Molecular Genetics of the Thyroid"
- Elected member of the American Society for Clinical Investigation
- Recipient of many honors, including the prestigious Van Meter Award and Sidney H. Ingbar Distinguished Lectureship Award from the American Thyroid Association



Marina N Nikiforova

- Professor of Pathology and Director of Molecular of Molecular & Genomic Pathology Laboratory at the University of Pittsburgh Medical Center, Pittsburgh PA, USA
- Authored and co-author in more than 100 publications and several book chapters
- Chair of the Association for Molecular Pathology national guidelines for molecular testing of cancer



Robert Y Osamura

- Chief Diagnostic Pathology Nippon Koukan Hospital, Kawasaki
- Visiting Professor Keio University School of Medicine
- Emeritus Tokai University, Japan
- Editor of the WHO Classification of Endocrine and Neuroendocrine Tumors 2017, 2022
- Co-author in more than 520 papers published in peer-reviewed Journals
- Immediate Past President International Academy of Pathology
- Past President International Academy of Cytology (IAC)



Hironobu Sasano

- Professor and Chair, Department of Pathology, Tohoku University School of Medicine, Sendai, Japan
- Editor in Breast WHO Classification of Tumors and contributor to Endocrine and Digestive Tumors
- He has published more than 900 peer reviewed articles and chapters in books
- President of Japan Endocrine Pathology Society
- Senior editor of Journal of Neuroendocrinology, Endocrine Related Cancer, past editor of Endocrine Review and others



Constantine Stratakis

- Human Genetics & Precision Medicine, Foundation for Research & Technology, Greece
- Adjunct Professor, Pediatrics, Translation Medicine, University of Cyprus, Limassol, Cyprus
- Contributor to the WHO Tumors Classification
- Author of over 800 publication in peer-reviewed articles and chapters for several books
- He received the 2009 Ernst Oppenheimer Award (US Endocrine Society) and a number of other honors, including the 2019 Dale Medal (SfE) and the International Award (ESPE)



Lester DR Thompson

- Division Chief, ENT Pathology, Armed Forces Institute of Pathology (AFIP)
- Head and Neck Pathology Consultations, Woodland Hills CA, USA
- 29 years of experience in Head & Neck and Endocrine Pathology
- Over 400 published articles and 12 books (including 3 Fascicles)
- Co-editor of Head & Neck and Neck Pathology Journal
- Past President of North American Society of Head & Neck Pathology
- Editor for the 5th edition WHO Blue Books: Head & Neck Tumors; Endocrine Organ Tumors
- Series Champion for the International Collaboration on Cancer Reporting

Intensive Course in Endocrine Pathology

VALIS Hotel - Agria, May 7-9, 2023

Program

Sunday 7 May, 2023	10:00-12:00	Transportation from the airport		
		Welcome to Valis Hotel		
	14:00-16:25	Registrations		
	16:25-16:30	Opening		George Agrogiannis - George Kontogeorgos
				Chairperson: Robert Y Osamura
	16:30-17:00	THYROID	Yuri Nikiforov	NIFTP: Historical perspectives
	17:00-17:30	THYROID	Yuri Nikiforov	Molecular Classification of Thyroid Tumors and Molecular-Histological Correlations
	17:30-18:00	THYROID	Marina Nikiforova	NGS for Molecular Diagnostics of Cancer in Thyroid Nodules
	18:00-18:30	THYROID	Marina Nikiforova	Molecular Markers for Thyroid Cancer Prognostication and Treatment
	18:30-19:00	Coffee break		
				Chairperson: Sylvia L Asa
	19:00-19:30	THYROID	Zubair W Baloch	Thyroid Nodule Classification: Diagnostic Algorithmic Tool
	19:30-20:00	THYROID	Zubair W Baloch	Thyroid Tumor Histology-FNA, post FNA pitfalls
	20:00-20:30	THYROID	Zubair W Baloch	Oncocytic Thyroid Tumors-Diagnostic Approach
	20:30-21:00	THYROID	Zubair W Baloch	Unusual types of Thyroid Carcinoma
	21:00-22:00	Dinner		
Monday 8 May, 2023	7:30-8:30	Breakfast		Chairperson: Paraskevi Tziakou
	8:30-9:00	THYROID	Lester DR Thompson	High grade Thyroid Carcinomas, 2 subtypes of a new entity
	9:00-9:30	PARATHYROID	Lester DR Thompson	Tumors of the Parathyroid Gland
	9:30-10:00	ADRENALS	Lester DR Thompson	Pheochromocytomas
	10:00-10:30	EXTRA-ADRENALS	Lester DR Thompson	Paragangliomas
	10:30-11:00	Coffee break		
				Chairperson: Hironobu Sasano
	11:00-11:30	PANCREAS	Paul Komminoth	Pancreatic NETs: Classification, clinicopathological features and grading
	11:30-12:00	PANCREAS	Paul Komminoth	Pancreatic NETs: Differential diagnosis and diagnostic approach
	12:00-12:30	PANCREAS	Paul Komminoth	Molecular Genetics of Pancreatic NETs and Familial Syndromes
	12:30-13:00	LUNG	Paul Komminoth	Neuroendocrine Tumors of the Lung: An overview
	13:00-15:00	Lunch		
	15:00-19:00	Cruise to Pagasetic Gulf - optional		
	19:00-21:00	Free Time		
	21:00-22:00	Dinner		
Tuesday 9 May, 2023	7:30-8:30	Breakfast		Chairperson: Eleni Thodou
	8:30-9:00	PITUITRY	Sylvia L Asa	Adenohypophysial Tumors: Classification and clinicopathological features
	9:00-9:30	PITUITRY	Sylvia L Asa	Adenohypophysial Tumors: Pathogenesis and familial predisposition
	9:30-10:00	PITUITRY	Sylvia L Asa	Hypothalamic, posterior pituitary tumors and craniopharyngiomas
	10:00-10:30	PITUITRY	Sylvia L Asa	Tumors ectopically producing Pituitary and Hypothalamic Hormones
	10:30-11:00	Coffee break		
				Chairperson: Dinitrios Papaioannou
	11:00-11:30	ADRENALS	Hironobu Sasano	Pathology update of non neoplastic disorders of adrenal cortex
	11:30-12:00	ADRENALS	Hironobu Sasano	Pathology of Cushing's syndrome and primary aldosteronism
	12:00-12:30	ADRENALS	Hironobu Sasano	Adrenocortical carcinoma pathology update, benign or malignant/adrenal or not
	12:30-13:00	ADRENALS	Hironobu Sasano	The analysis of steroid production and metabolism in surgical pathology specimens
	13:00-14:00	Lunch		
	14:00-15:00	Free Time		
				Chairperson: George Kontogeorgos
	15:00-15:30	NETS	Robert Y Osamura	Neuroendocrine Tumors of the Breast
	15:30-16:00	NETS	Robert Y Osamura	Neuroendocrine Tumors of Rare Sites
	16:00-16:30	NETS	Robert Y Osamura	Molecular Pathways for Targeted Therapy of Neuroendocrine Tumors
	16:30-17:00	NETS	Robert Y Osamura	Novel Therapies of Neuroendocrine Tumors
	17:00-17:30	Coffee break		
				Chairperson: Sylvia L Asa
	17:30-17:30	CARNEY COMPLEX	Constantine Stratakis	Carney Complex - Historical Annotation
	17:30-18:00	FAMILIAL SYNDROMES	Constantine Stratakis	Familial Syndromes associated with Neuroendocrine Tumors
	18:00-18:30	TREATMENT	Constantine Stratakis	Advances in the Treatment for Neuroendocrine Tumors
	18:30-19:00	PERSONALIZED MEDICINE	Constantine Stratakis	Personalized Medicine
	19:00-19:05	Closing remarks		George Kontogeorgos
	19:05-21:00	Free Time		
	21:00-22:00	Dinner		
Wednesday 10 May, 2023	7:30-8:30	Breakfast		
	7:00-11:00	Transportation to the airport		
	12:00	Latest Check-out		

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hellenicdivisionofiap@gmail.com

[website: https://hd-iap.gr/](https://hd-iap.gr/)



Endocrine Pathology

May 7 to 9, 2023 - Agria, Greece

Valis Hotel and Conference Center

Agria - Volos, Greece

reservations@valisresort.gr

Invited speakers:

Sylvia L Asa, Cleveland OH, USA

Zubair W Baloch, Pennsylvania PA, USA

Paul Komminoth, Zürich, Switzerland

Yuri E Nikiforov, Pittsburgh PA, USA

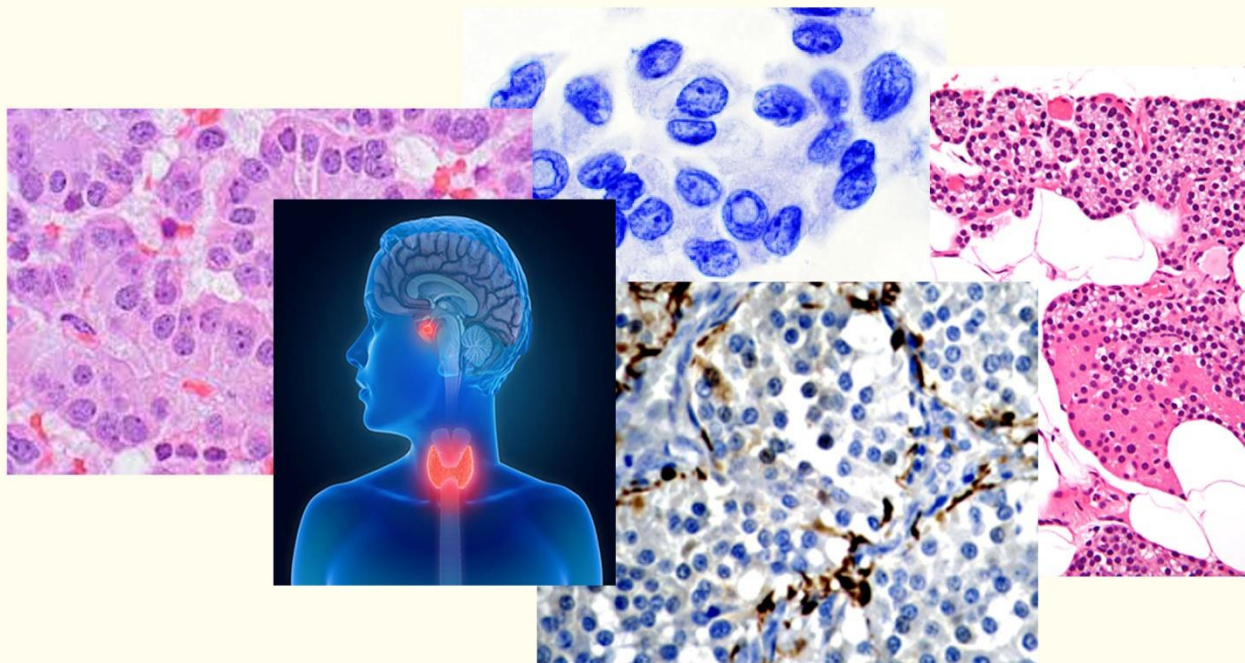
Marina N Nikiforova, Pittsburgh PA, USA

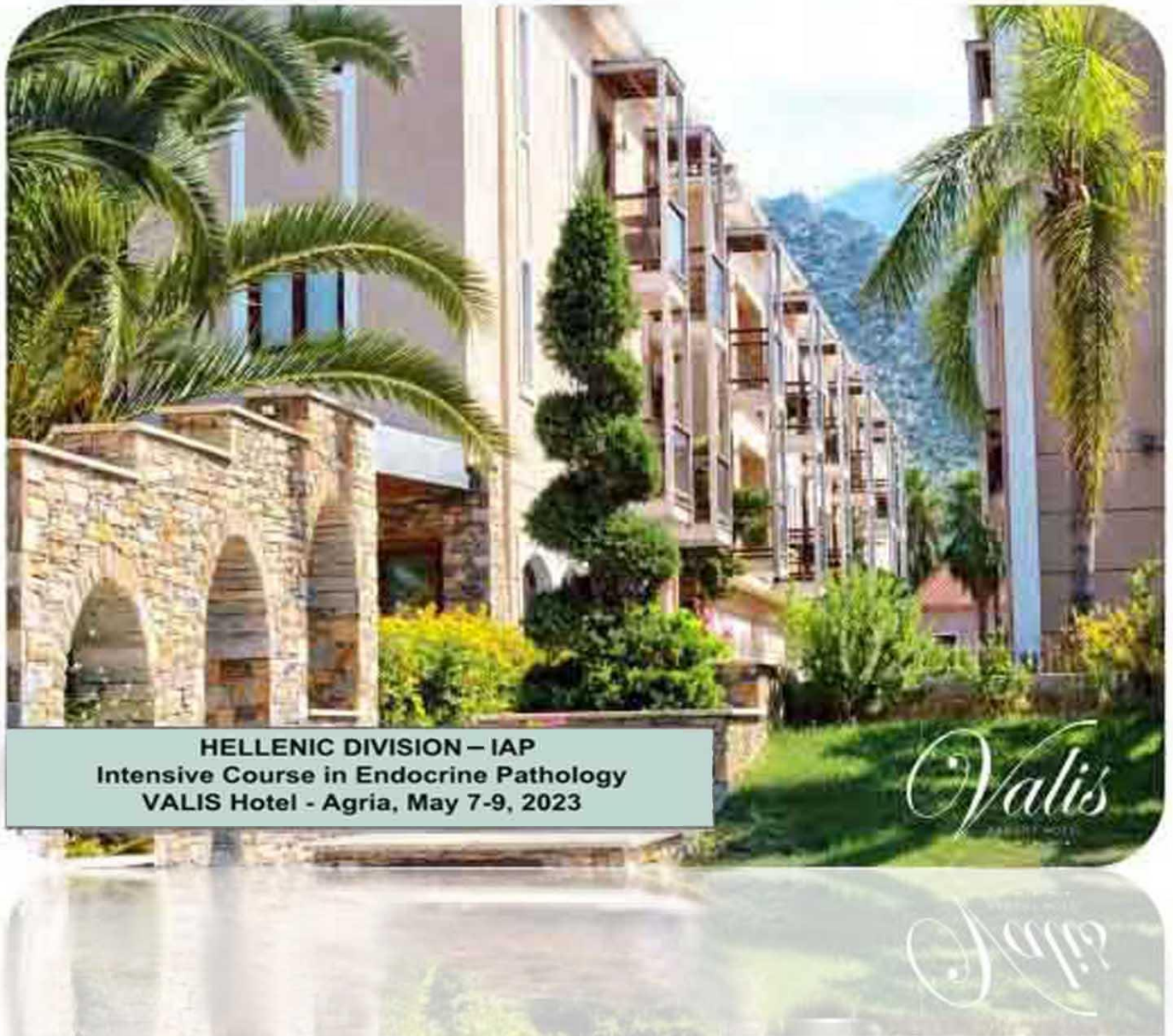
Robert Y Osamura, Kawasaki, Japan

Hironobu Sasano, Sendai, Japan

Constantine Stratakis, Limassol, Cyprus

Lester DR Thompson, Woodland Hills CA, USA





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NEXT COURSE

Soft Tissue and Bone Pathology is the topic of the next Course to be held on May 19-21, 2024. We promise to prepare a comprehensive scientific program. Please, mark the dates in your calendar and come back to Agria again.



hellenicdivisionofiap@gmail.com

Executive Committee, Hellenic Division of IAP

George Agrogiannis

President

Paraskevi Tziakou

Secretary

Dimitrios Bouklas

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Eleni Kourea

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